

Continuum of Care



New Beginnings has been building brighter futures with homeless youth and families in crisis since 1980. Each year we provide 700 children, teens, and adults with opportunities for the **SAFETY, CONNECTION** and **GROWTH** that all people need to thrive.

Learn more at WWW.NEWBEGINMAINE.ORG



New Beginnings

134 College Street, Lewiston, Maine 04240 207-795-4077 www.newbeginmaine.org

New Beginnings, Inc. is a private non-profit agency based in Lewiston, Maine. In the past 3 decades New Beginnings has grown from a program providing basic shelter care to an agency which strives toward a comprehensive approach to the needs of abused, neglected, and homeless youth and their families. New Beginnings receives funding from individual donors, private foundations, local organizations such as the United Way, and state and federal sources.

RESIDENTIAL SERVICES

Emergency Shelter: 491 Main Street, Lewiston, Maine, (207)795-4070. New Beginnings shelter for youth is located in a three story house near downtown Lewiston. The Shelter provides short term emergency care and family intervention for up to twelve youth ages 12 through 19. Services include: 24 hour supervision; recreation; informal individual counseling; family mediation; individualized educational support and activities; referrals to community resources and follow-up mediation. Referrals are accepted 24 hours a day, seven days a week. Walk-ins are welcome.

Transitional Living: Lewiston, Augusta and Farmington, (207)795-6048. New Beginnings' Transitional Living Program (TLP) provides housing and supportive services to help older adolescents (ages 16-21) develop the attitudes and skills necessary for independent living. Services are designed for youth and young adults who are homeless or are at risk of homelessness. The TLP consists of two programs. The Supervised Apartment Program is located in Lewiston and has 24 hour on-site staff supervision, serving youth ages 16-20. The Community Living Program provides housing and case management services in Lewiston, Augusta and the Farmington areas for young adults, ages 18-20, and emancipated minors. Youth may remain in either transitional housing program for a maximum of 18 months. Follow up counseling is available for up to one year after a youth is discharged from the residential programs. Services include: case management; independent living skills instruction; individual and group counseling; substance abuse prevention; pre-vocational training; referrals; and follow-up support. Referrals may be made by calling 795-4074 weekdays from 9 am - 5 pm.

COMMUNITY SERVICES

Outreach Program: 134 College St, Lewiston, (207)795-6831; 124 Main St., Farmington, (207)778-6193; and 151 Sewall St., Augusta, (207)621-0004. The Outreach Program's main office and Drop-In Center are located in downtown Lewiston and serve youth ages 14 to 21 who are homeless or at risk of homelessness. Services include: comprehensive case management; referrals; assistance accessing housing; Youth Drop-In Center with meals, recreation, and survival needs; and street outreach. Referrals can be made by phone M-F, 9:00 – 6:30 or by walk-ins. Offices in Farmington and Augusta provide outreach and case management for homeless youth in Franklin, northern/rural Androscoggin, and Kennebec counties.

Homeless Case Management: Comprehensive, strengths-based case management and advocacy services for young people who lack a permanent place to live in Androscoggin, Franklin, and Kennebec Counties. Working together with youth ages 14 to 21, staff can assist with reconnecting to families or developing a plan for stable housing, while accessing basic survival needs, education, physical and mental health care, and financial resources. All services are free of charge. **Lewiston: (207)795-6831; Farmington: (207)778-6193; Augusta: (207)621-0004**

Prevention Education Program: 436 Main St., Lewiston, (207)795-6048. Youth in all New Beginnings' programs receive evidence-based prevention education and risk-reduction counseling. Evidence-based psycho-educational groups promoting resiliency are held regularly. New Beginnings also sponsors skills-based HIV prevention training for agencies and schools serving high risk youth across the state.

Youth Educational Support: 134 College St, Lewiston, (207)795-4077 x214. Individualized assessment, tutoring, homework help, scholarships, and advocacy to help New Beginnings' youth pursue educational and vocational goals.

Mental Health Services: Lewiston (207)795-6048 x210. New Beginnings provides trauma-informed individual and group therapy and targeted case management services, with a specialty in serving adolescents and young adults.

Outright Lewiston-Auburn: PO Box 433, Lewiston, ME 04240, info@outrightla.org New Beginnings is the fiscal sponsor of Outright L-A, which provides safe and affirming spaces for LGBTQ youth.

Agency Administration: Ann Geiger Center for New Beginnings, 134 College St., Lewiston, (207)795-4077.