

someone there.



For over 30 years, New Beginnings has brought Maine families together and helped youth stay off the streets.

We believe all young people deserve to feel safe and that they can grow toward a healthy future with the support of caring adults.

Thank you for supporting our work this year.

15,421

14,000

750

SUCCESS BY THE NUMBERS

Bed nights where youth were safe, warm and off the streets in 2011

Meals served at the Emergency Shelter and Outreach drop-in center

1,300 Street contacts through Outreach programs in Lewiston and Farmington

Youth and families served with shelter, housing, or supportive services

Percent of youth reunified with family or discharged to stable housing

2 Youth moved into Transitional Living Program subsidized apartments

Building purchased for expanded programming and new drop-in center

Learn more at WWW.NEWBEGINMAINE.ORG

FROM THE **EXECUTIVE DIRECTOR**



Dear Friends of New Beginnings,

Please accept this annual report with my sincere thanks for your support in 2011. With the recession barely in recovery, we deeply appreciate every gift and know that your time and support show you share our commitment to the young people we serve.

New Beginnings has made a difference in the lives of youth facing homelessness in Maine for 31 years. Our mission is not an easy one; however, I strongly believe that to have a thriving community, we must work together - not only to meet the basic human needs of vulnerable young people, but to develop their full human potential.

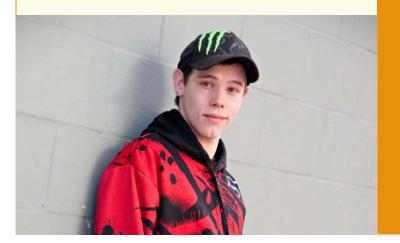
This annual report highlights the programs and successes that our dedicated staff has helped the youth we serve to achieve, all while maintaining a strong fiscal outlook. From our inception as a single shelter site, we have grown to provide a continuum of shelter, housing, and supportive services across five counties serving 750 youth and families with over 15,000 nights of service last year.

In addition to our many successes, 2011 presented us with the greatest fundraising challenge in our history. We purchased the former Jewish Community Center at 134 College Street to house expanded programming and a new, much larger Outreach drop-in center. I am excited by the building's potential and hope you will join with us to restore College Street to a vibrant community center for at-risk youth in the heart of downtown Lewiston.

Youth in our programs are thriving; their resiliency supports the belief of our founders that if basic human needs of safety, food, clothing, and shelter are met, even greater success is obtainable. The faces of the New Beginnings youth in this report are testament to their strengths and future success. On behalf of New Beginnings' youth, staff, and Board, thank you for your support.

Bob Rowe

Robert Rowe, Executive Director





HOW YOU CAN HELP

Cook a meal, tutor, or lead an activity Volunteer

for youth! Call Ethan 207-795-4076

Sponsor

Support and attend our annual 5K Race, Call Rachel 207-795-4077

Give

Donate new socks, gloves, hygiene items, or holiday gifts year-round.

Take a tour of our programs and see Visit

www.newbeginmaine.org for updates.

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NEW BEGINNINGS PROGRAMS

EMERGENCY SHELTER

Since 1980, our Emergency Shelter has been providing short-term housing for youth ages 12-19. We can serve up to 12 youth at a time, with a maximum stay of 30 days. Services include temporary housing; meals; intensive case management; family mediation; educational support; recreational activities and life-skills groups.

In 2011, the Emergency Shelter provided 2,376 bed nights for 143 youth. The family mediation program expanded with more trained staff mediators that worked with 42 youth and their families. Mediation is effective at resolving conflict to prevent or reduce youth's homeless episodes, as well as teaching communication skills that will positively impact families and youth for a lifetime.

In addition to the Lewiston shelter, we expanded the Host Home project in York and Cumberland Counties. Host Homes provide a 7-21 day placement where homeless youth, especially from rural areas, can stay near their community rather than travel to a distant shelter. 89% of host home youth reunified with family or went on to another stable placement upon discharge last year.

TRANSITIONAL LIVING

The Transitional Living Program (TLP) provides housing and supportive services to youth ages 16-21 in Androscoggin, Franklin and Kennebec counties. We provide housing for youth who are currently homeless and whose goal is independent living in either supervised group living or independent scattered site apartments.

Case management is provided while youth live in a stable, supportive situation where they utilize an independent living skills curriculum and experiential learning opportunities such as Adventure Challenge trips. Youth may be residents for up to 18 months and participate in after care services for up to one year after discharge.

In 2011, fifty-two new youth entered into the program and average occupancy was 29 youth per day. 60% percent of all youth that exited the program last year obtained paid employment while they were in the program. 87% percent of all youth that exited the program in 2011 left with a plan for safe housing.





OUTREACH

The Outreach Program at New Beginnings started in 1990 as a way to connect with young people who were living in unstable circumstances, often on their own without any means of support. Through street outreach, the drop-in center, and case management, the Outreach Workers build relationships that help youth ages 14-21 to make changes in their lives.

2011 was another busy year for the program, with 400 young people using the drop-in center in Lewiston and 170 working on their goals through case management services in Lewiston and Farmington. Demand for our services continues to grow, with a 20% increase in the number of youth using case management. We're proud that 80% of those youth were successful in finding stable housing.

Thanks to the Tri-Valley United Way for funding a pilot project in 2011 that allowed our Farmington staff to work with older youth ages 21-24 for the first time, with good results. In Lewiston, we want to thank all of the local collaborating agencies that send their staff to the drop-in center, such as College for ME Androscoggin and Advocates for Children. We are looking forward to expanding our space and activities when we move into the larger 134 College Street building in the not-too-distant future.

PREVENTION & HEALTH EDUCATION

The HIV Prevention and Education program provides individual and group HIV, sexually transmitted infection (STI) and pregnancyprevention education to youth in all of New Beginnings programs. Along with Maine Dept. of Education, we also sponsor trainings for youth agency personnel, school health teachers, and guidance counselors across the state.

In 2011, 150 young people attended 112 group sessions that utilized evidence-based curricula and interactive activities to help youth learn skills to reduce risks to their health. Last year, we also collaborated with partners such as other youth shelters to gather data for a state-wide risk behavior assessment survey and Outright Lewiston/ Auburn to research how youth use social networking to gain health information.

NEW BEGINNINGS 2011 DONORS

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5K RACE

Advanced Dentistry Advanced MicroSystems Androscoggin Bank Armand's Auto Body Blackies Bread Shack **Bull Moose Music** Marian Carney Central Maine Credit Union **Central Maine Medical Center** Country Kitchen D.R. Caron Excavating David & Linda Gallick DaVinci's Donna's Greenhouse **Flectric Beach** Fishbones Funtown/Spashtown Geiger Gipper's Gosselin & Dubord, P.A. Great Falls Federal Credit Union Gridiron Gritty McDuff's Brew Pub Heidi Gepfert Independent Auto International Paper Jeanne & Robin Brooks Jim's Auto Sales John & Jane Dalv LaRochelle's Seafood Law Practice Allan Lobozzo Lewis Auto Sales Lewiston Emblem Club Liquid Sunshine Car Wash & Detail Lost Valley Maine Family Credit Union Marco's Lorri Morin Pamela Murray Norman, Hanson & Detroy Northeast Bank **Orbit Styling Salon** Joel Oshansky Patagonia Pedro O'Hara's Play It Again Sports Poland Spring Water Co. Rainbow Bicycle & Fitness Rainbow Credit Union Randy's Auto Parts Rangeley Saddleback Inn Roopers Saddleback Maine Sedgley Place Shawnee Peak Sonia Woodrum St. Mary's Health System Stage Neck Inn Taylor Brook Dental The Italian Bakery Tri-Corp FCU Tupperware Val's Flower Boutique, Inc. Village Inn W.D. Matthews WJBQ, Citadel Broadcasting Yvon's Car Wash