

Teen Pregnancy Prevention:

AN EVIDENCE—BASED
APPROACH USING

“BE PROUD, BE RESPONSIBLE™”



Does your alternative school or agency serve youth who are at high risk for poor sexual health outcomes?

For example:

- Homeless youth
- Youth in foster care
- LGBTQ Youth
- Rural Youth or those living in areas with high teen birth rates
- Members of racial or ethnic minorities

Maine Family Planning, in conjunction with **New Beginnings**, will be working with 10 youth-serving agencies and alternative high schools in the 2017-18 school year to deliver “**Be Proud, Be Responsible!**” to young people across Maine as part of the federal **PREP** (Personal Responsibility Education Program) dedicated to educating youth in order to reduce teen pregnancy and sexually transmitted diseases.

Be Proud is a 6-session curriculum that has been shown to reduce sexual risk behaviors and to increase condom use. Delivered in small groups, the recently updated multimedia curriculum provides adolescents with the knowledge, skills, and motivation to change their behaviors.

This project is especially interested in identifying program modifications that may increase its effectiveness with different populations of youth.

Interested in Being Part of the Program?

We’ll be holding a facilitator training on September 26-27, 2017. Each agency or school can send 2 staff, who will gain valuable group facilitation skills. The training is free and stipends will be available to help cover travel or lodging, and substitute costs.

Participants will receive:

- A complete Be Proud! curriculum set
- Follow-up support and training
- Stipends for participating programs

Each participating program/school will be expected to deliver the curriculum to a minimum of 10 youth during the 2017-18 school year and to take part in the PREP program evaluation.

Register online

www.newbeginmaine.org/PREP

A program of Maine DHHS, CDC



New Beginnings

