



Whether a young person is facing a night on the streets for the very first time, or has been surviving on their own for years, **New Beginnings** can help.

Each year we provide 700 children, teens, and adults with opportunities for **safety, connection, and growth** that all people need to thrive.

When you need someone to talk to, there is always someone there.

New Beginnings helped me get a place to live and my life back on track.

It made me feel like I can do anything.

Outreach

207-795-6831

Street outreach, referrals, and case management in Franklin, Androscoggin, and Kennebec counties and Lewiston Drop-In Center for youth ages 14-21.

Emergency Shelter

207-795-4070

Safe, supportive environment for 12-19 year olds in crisis who need a short-term stay.

Free family mediation and 24-hour phone referrals.

Housing

207-795-4074

Transitional living apartments in 3 counties for homeless youth ages 16-21 years to learn the independent living skills needed to live on their own.

Mental Health

207-795-6048 x210

Individual counseling, emotional literacy groups, and mental health case management for youth and young adults.

Educational Support

207-795-4077 x214

Educational support to engage homeless youth with education, training, and career preparation to achieve their goals.

Prevention & Training

207-795-4077 x208

Youth risk-reduction groups and training for providers to prevent HIV/STIs and pregnancy and welcome LGBTQ+ youth.

Learn more at WWW.NEWBEGINMAINE.ORG



New Beginnings

Our purpose is to prevent and end youth homelessness in Maine.

Each year we provide over 700 children, teens, and young adults with opportunities for the SAFETY, CONNECTION, and GROWTH that all people need to thrive.



New Beginnings has served runaway and homeless youth and Maine families in crisis since 1980. Our [continuum of services](#) provides an essential “safety net” for young people in Maine who don’t have stable family support and are at risk of homelessness.

Whether a young person is facing a night on the streets for the very first time or has been surviving on their own for years, New Beginnings can help. Each youth brings his or her own story, and we believe *every* young person in Maine deserves respect and the opportunity to grow up into a healthy future.

SAFETY: New Beginnings’ emergency services are available to youth from throughout the state of Maine 24 hours a day, 365 days a year – but we do so much more than shelter a youth in a crisis. In Androscoggin, Kennebec, and Franklin counties, New Beginnings outreach staff engage youth on the streets, in the woods, and at libraries, corner stores, or parks to give them emergency supplies, a listening ear, and information about how to get food and shelter. Children as young as age 12 up to age 19 can find crisis counseling and a safe place to stay in a family-like environment at our 24 hour [Emergency Shelter](#) - the ONLY youth shelter licensed for 24-hour care for teens in Maine.



CONNECTION: New Beginnings’ family mediation services help many youth return home or reunify with relatives. When that is not possible, we offer [Transitional Living apartments](#) where older youth can stay and learn the independent living skills they need to succeed as adults. Youth and young adults up to age 21 can come to the [Outreach Drop-In Center](#) in Lewiston when they need help finding housing, emergency food and hygiene supplies, or simply a safe, warm place to rest and eat a much-needed meal. New Beginnings is also the fiscal sponsor of [Outright Lewiston-Auburn](#) which connects and supports youth who are LGBTQ+ (lesbian, gay, bisexual, transgender, queer, or questioning their sexuality or gender identity).

GROWTH: New Beginnings utilizes a low-barrier, youth-centered approach and [model of care](#), welcoming everyone that walks through the doors as a whole person, with both strengths and challenges. Our approach is based on the knowledge that when teens feel safe from abuse and harassment and can trust a caring adult in their lives, they feel empowered to create a better future for themselves. Staff work closely with youth in all of our programs to achieve their goals, improve their physical and mental health, [learn risk-reduction skills](#), acquire or maintain housing, and [support their future employment and education](#).

The support of individual donors, private foundations, businesses and local organizations like United Way, and state and federal grants help make our work possible.