

UPDATED COVID-19 MANDATE

Effective:
May 2020

Under Phase 1 of Governor Mills' most recent order, there are very few changes. Physical distancing of at least 6 feet should be practiced, and there should be no gatherings of more than 10 people. People should only be spending time with immediate household members. When in public spaces, those over 2 years old must wear a face covering (mask); limited medical conditions can exempt someone from this. Face coverings help protect other's from you, in case you are an asymptomatic carrier. In addition to going to pharmacies or grocery stores when absolutely necessary, some services such as hair salons and religious spaces may reopen; these services have strict guidelines and no longer operate the way they used to. Parks have been reopened for use, following physical distancing and face covering guidelines. If someone has returned out of state (staying with family, away for a medical procedure, etc.), they must self-quarantine for 14 days.



HOW TO MAKE YOUR OWN FABRIC FACE MASK WITHOUT TOUCHING A SEWING MACHINE

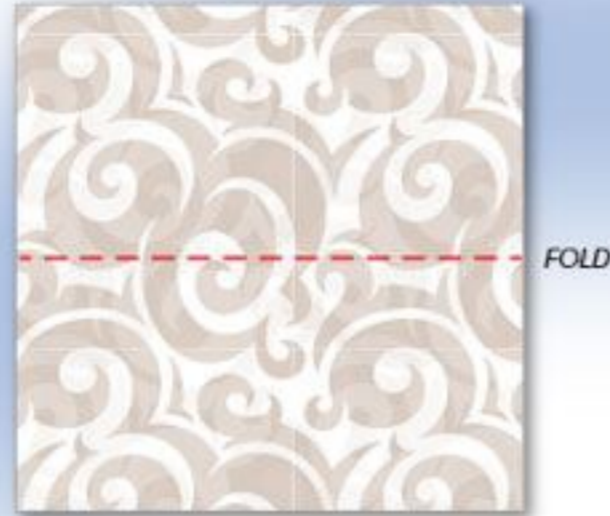
How to make a mask with fabric using the no-sew method. The CDC recommends people wear a fabric face mask in public to help slow the spread of coronavirus. A step-by-step guide to making a face covering:

MATERIALS

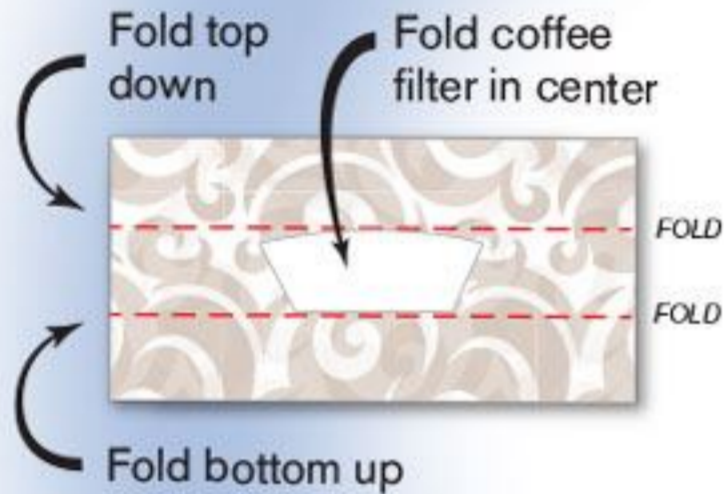
- Bandana or a 20-inch x 20-inch square cotton cloth
- Paper coffee filter
- Two rubber bands or hair ties

1

Fold bandana or a 20-inch x 20-inch square cotton cloth in half.



2

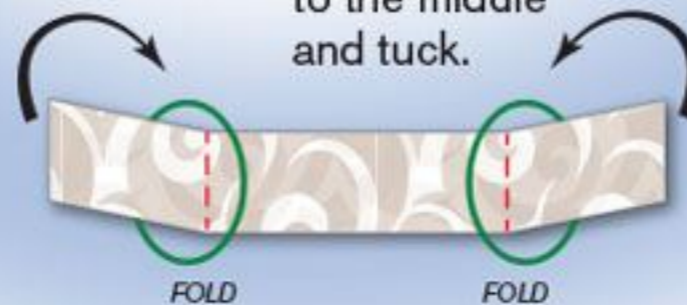


3

Take two rubber bands or hair ties and place on each side 6 inches apart.

4

Fold the sides to the middle and tuck.



5

Bandana face covering is ready to wear.



Bring the mask to your nose level.

Secure ties behind ears.

Pull the bottom of the mask over mouth and chin.

CLOTH FACE COVERINGS

- Should fit snugly but comfortably against the side of the face.
- Should be secured with ties or ear loops.
- Should include multiple layers of fabric.
- Should allow for breathing without restriction.
- Should be able to be machine-washed and dried without damage or change to shape.

