

# maine family planning

## PROVIDING CARE DURING COVID-19

Helping you stay healthy while staying home.

### VIRTUAL VISITS

**Delivering care using telehealth technology.**



If you have internet access and a **smartphone, computer, or tablet with a camera**, you can login for a secure medical appointment with an MFP clinician. They'll discuss your medical concerns, symptoms, diagnosis, and treatment, all via easy-to-use videoconference.

### WHAT SERVICES?

Many types of sexual and reproductive health care can be provided remotely, including:



- Birth control
- Emergency contraception
- STI testing & treatment
- Abortion care
- Open Door transgender health services
- Pregnancy options counseling
- UTI diagnosis & treatment



**In Maine, teens can access most sexual & reproductive health services confidentially, without notifying a parent/guardian.**

Supplies can be mailed to you, picked up safely at one of 18 MFP clinics, or called into a local pharmacy.



We know some services cannot be provided remotely. We are taking every precaution during in-clinic visits to keep patients & staff healthy.

### HOW IT WORKS

**Call or Chat us today.**



Virtual Visits are available for **new & current patients**. We accept MaineCare and most forms of insurance. Many insurers are covering telehealth visits due to Covid-19. MFP also offers a **sliding fee scale based on your ability to pay**.



[www.MaineFamilyPlanning.org](http://www.MaineFamilyPlanning.org)  
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