

We partner with youth to create lasting change so all youth have a safe place to live and opportunities to grow.

A note from our Executive Director

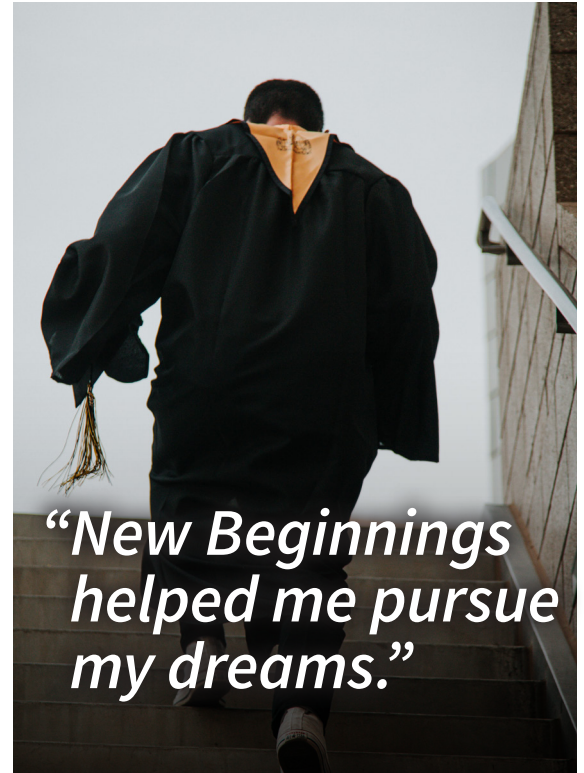
Maintaining Programs & Building Partnerships



Dear Friends,

2022, was a bit of a roller coaster ride; inflation, a looming recession, the housing crisis, the odds seemed stacked against us all. However, those were things everyone had to deal with and completely out of our control. If we take a moment to look around and see what was different in the world from 2021, what we saw was beautiful. We saw people getting together, traveling, increased community collaboration, and people getting excited about what tomorrow might bring. That's what we saw here at New Beginnings as well.

New Beginnings remained focused on maintaining our essential shelter, housing, and outreach programs. We built partnerships that would expand services that offer essential programming and opportunities to youth. Through those partnerships we are now able to offer housing to Corrections-involved youth, expand the Youth Action Board (YAB) by welcoming new members, and offer new life skills curriculum to youth in our programs. We began an expanded Homeless Youth Continuum of Care state grant to continue our 24-hour shelter, outreach, and TLP. Under this grant New Beginnings Youth



DEAR FRIENDS *continued on back page* ▶

SUCCESS BY THE NUMBERS

18,199 

Meals served at the Shelter & Outreach Drop-In Center

456 

Youth and families served this year

9,141

Nights of housing where youth were **safe and off the streets** 



451 Hours of participation by YAB Members

80%

of youth served reunified with family or acquired safe housing



7,810

Street outreach interactions with urban and rural youth

43 Youth gained life skills at our **transitional living apartments**



51 

Teens from throughout Maine stayed at our 24-hour shelter

OUR PROGRAMS

With your support in 2022, New Beginnings enhanced the lives of 456 unduplicated young people.

Thank you for helping Maine youth find safety, connection, and opportunities for growth.

MARIAN'S PLACE

Since 1980, New Beginnings' Marian's Place has met the immediate needs of youth in crisis with 24-hour safe shelter, food and basic needs, and caring adult support.

Marian's Place is Maine's only youth shelter licensed to provide 24-hour emergency housing and support for up to 12 youth ages 10-19 who have run away, are experiencing homelessness, or are at high risk due to intense family conflict. Supportive services like case management, prevention groups, education and employment support, and family mediation help youth improve their skills and work toward stability during their short-term stay (up to 90 days).

In 2022 Marian's Place served 46 youth with over 2,100 nights off the streets and over 5,400 meals. 95% of youth had safe exits, with 90% reunifying with family or exiting to stable housing.



STREET OUTREACH

New Beginnings' Outreach Program works to find and engage young people ages 14-21 at high risk for being unstably housed, unhoused or experiencing trafficking or exploitation through our Lewiston Drop-In Center, as well as street outreach and case management services in 9 counties.

Since 1990, the Street Outreach Program and Drop-In Center have offered services to meet young people's immediate safety and basic needs (food, clothing, shelter referral, etc.) and provide case management services to help connect individuals to resources in downtown Lewiston (Androscoggin County), with rural satellite offices serving Franklin and Kennebec counties; in 2022 services expanded to include Oxford, Somerset, Waldo, Knox, Lincoln, and Sagadahoc Counties as well. And, in 2023 with increased state support, the Lewiston-based Drop-In Center began opening 7-days-per week to provide services to some of the communities most vulnerable young people when other providers are unable to do so.

In 2022, Outreach served 335 unduplicated young people through 5,400 interactions (on the streets, via phone/text/social media, and/or at Drop-In), 5,300 Drop-In Center meals, and 986 mobile food pantry meals. 67 unhoused young people worked individually with case managers to achieve their goals. Due to the steady increase in service provision, the Street Outreach Leadership team has grown to a team of three Coordinators: Street Outreach Program Coordinator Gabe Smith, Rural Street Outreach Program Coordinator Donna Bilodeau, and Drop-In Center Coordinator Megan Dvilinsky.



EDUCATION & EMPLOYMENT

New Beginnings' Education and Employment Support services offer trauma-informed, 1-on-1 and small group, live and virtual, educational support, homework help, resume building, field trips, and experiential learning activities to help young people engage with or reconnect to traditional or alternative educational programs, discover their strengths, improve academic skills, and pursue their training, employment, or higher education goals.

In 2022, 82 youth from New Beginnings' programs received educational and employment support in over 912 interactions. During this first full calendar year with full-time staffing, the program was able to provide over 50% more services to youth vs. 2021. At the same time, Education & Employment Coordinator Signe Lynch strengthened our partnership with Maine Department of Education (DOE) by helping 135 McKinney-Vento liaisons at schools across our 9-county region to improve identification of and ensure the educational rights of Maine homeless students.



PREVENTION & TRAINING

New Beginnings' Prevention & Training Program now has three primary focus areas: (1) ensuring young people who access New Beginnings' services have access to a wide variety of medically accurate, trauma-informed prevention-education groups, harm reduction information, and supplies; (2) improving New Beginnings programs through staff training in agency Model of Care and youthwork-related topics; (3) providing evidence-based HIV Prevention and positive youth development-focused research and trainings to youth-service providers and educators statewide – in partnership with Maine DOE since 1989.

The program coordinates both live and virtual training opportunities, sponsors Maine's annual Comprehensive Sexuality Education Conference, and collaborates with community partners to ensure a wide variety of relevant programming. In 2022, the program grew with Prevention & Training Coordinator Kelly Colbath and HIV Prevention Specialist Jessa Wyman. More than 150 young people and community providers participated in 9 trainings such as creating safety for LGBTQ+ young people, working with young people who may be at increased risk of experiencing human trafficking or exploitation, Motivational Interviewing, High Risk HIV/AIDS Prevention (HRAP), and more.

To be added to the training announcement list, please email prevention@newbeginmaine.org.

TRANSITIONAL LIVING

Since 1989, New Beginnings' Transitional Living Programs (TLP) has provided supportive housing for up to 18 months to help homeless young people develop the skills they need to live on their own.

TLP offers teens and young adults (ages 16-21 at intake) supervised and community living apartments that combine housing and case management with hands-on life skills education. Learning to manage finances, roommates, rent, and chores prepares youth for maintaining housing after exit. Support engaging with education, employment, Adventure Challenge trips, risk-reduction groups, and counseling during the program and for up to a year of aftercare case management builds skills and confidence for self-sufficiency.

In 2022, the program expanded housing options for youth referred through the Department of Corrections. 43 unduplicated youth lived at TLP for nearly 7,500 nights of housing and/or utilized aftercare. 92% were either pursuing education or working when they left TLP, and 91% exited to safe, stable housing.

YOUTH ACTION BOARD (YAB)

The Maine Statewide Youth Action Board (YAB), a program of New Beginnings, Inc., is an independent statewide forum for Members ages 14-24 with lived experiences including homelessness, poverty, or interaction with systems of care (child welfare, corrections/juvenile justice, behavioral health, etc.) to influence positive change and promote advocacy on a systems level regarding issues affecting their peers. YAB strives to influence positive, systemic change while highlighting the values of respect and diversity amongst its membership, and has been active in the Youth Homelessness Demonstration Project (YHDP) and Maine's Homeless Continuum of Care (MCoC).

In 2022, the YAB continued to offer youth paid leadership opportunities to consult, train providers, and advocate to ensure youth/young adult voice is valued and present when and where decisions are made that impact young Mainers. Over the year, YAB members attended 240 meetings and 10 trainings. Currently, YAB Members sit on multiple boards across the state, including New Beginnings Board of Directors.



2022 Donors

We are grateful for every gift and all of our supporters! Giving circle donors are listed below; names of all 2022 donors are on the back and online at newbeginmaine.org/annual-reports. In-kind and holiday donors for 2022 are listed in the winter newsletter at newbeginmaine.org/winter-2023



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Thank you all for your support of New Beginnings, we are grateful for every gift!

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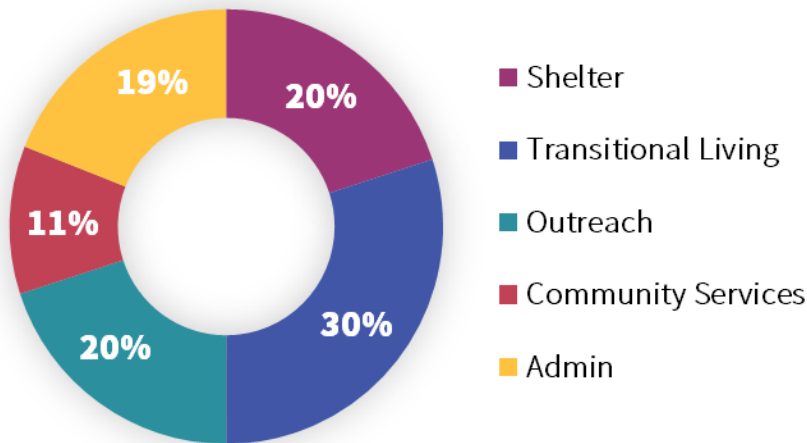
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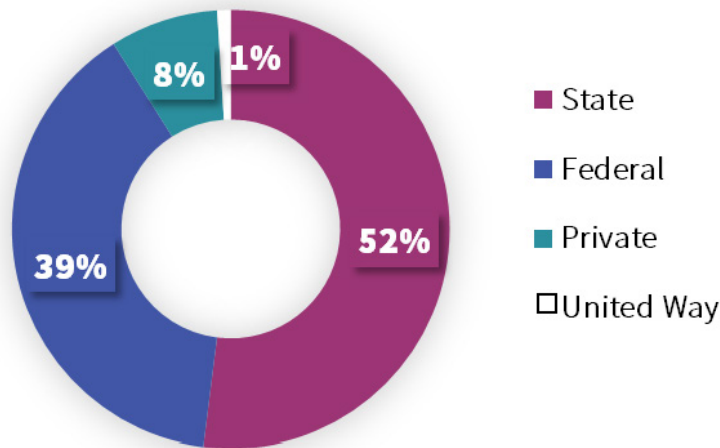
2022 Financial Overview

2022 Annual Budget – \$3,252,907

INVESTMENT BY PROGRAM



REVENUE BY FUNDING SOURCE



State: MaineHousing, ME Depts. of Education, CDC, Corrections, and Health & Human Services.
Federal: Housing & Urban Development (HUD), FEMA Emergency Food & Shelter Program (EFSP), MaineCare, and Runaway & Homeless Youth Act (HHS/ACYF/FYSB).
Private & Local: Foundation grants, fundraising, municipal/City of Lewiston CDBG, and donations.

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**Ended service in 2022*

DEAR FRIENDS

from front page ▶

Outreach Drop-In Center in Lewiston now provides longer more frequent hours of operation and offers more case management and rural street outreach across the nine counties in Maine's central/southwestern region.

With expanded access to free community college for Maine students the Education and Employment program saw an upturn in interest in college! During the 21/22 school year, the program began operating full-time thanks to increased funding from the City of Lewiston and ME Dept. of Education (DOE). Over 100 youth

received 1-on-1 or small-group support, and 15 graduated or got their HiSET (GED) via new onsite services through Auburn Adult Ed. Several students went on to pursue their college degree.

New Beginnings is always evolving and we couldn't do it without our remarkable staff or our devoted supporters. Though we have seen our share of turnover, much like everyone else, our dedicated staff make it possible to keep our doors open for young people, every day. Whether it be the usual day to day items such as a ride to get groceries, case management,

or to driving lessons, housing navigation, mock job interviews, or help with school; to helping youth build skills while reconnecting with nature and community on Adventure Challenge trips & weekly educational summer outings, our staff are always there for the youth we serve. I applaud our staff's perseverance and enthusiasm, and I commend the ongoing support of our board, funders, donors, and supporters.